

# Hot Food Menu

Approved by our Nutritionists!



	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Roast Chicken, Carrots, Peas, Mash and Gravy	Roast Chicken, Peas, Sweetcorn, Mash and Gravy	Roast Turkey, Butternut Squash, Carrots, Mash and Gravy	Roast Chicken, Peas, Sweetcorn, Mash and Gravy	Roast Turkey, Sweetcorn, Carrots, Mash and Gravy
Main 2	Mamma's Italian Meatballs in Tomato Sauce, Carrots and Fusilli Pasta	Italian Beef Bolognese, Carrots, and Fusilli Pasta	Chicken Hot Pot with Vegetables and Potatoes	Beef Lasagne with Carrots and Peas	Mega Yummy Chicken Curry, Peppers and Fluffy Rice
Main 3	Super Goopy Mac 'N Cheese with Peas	Mild Chicken Korma and Peppers with Fluffy Rice	Chicken with Sweet Peppers and Tomato Sauce with Fusilli Pasta	Italian Beef Bolognese, Carrots, and Fusilli Pasta	Pesto Pasta with Chicken and Peas
Main 4	Classic Cottage Pie with Carrots and Peas	Pesto Pasta with Chicken and Peas	Mega Yummy Chicken Curry, Peppers and Fluffy Rice	Chicken Paella with Mixed Vegetables	Mexican Chicken Burrito Bowl with Rice and Peppers
Main 5	Tex-Mex Chicken Fajita with Peppers	Lentil and Sweet Potato Bolognese with Fusilli Pasta	Mexican Chicken Burrito Tortilla with Roasted Peppers	Loaded Beef Burrito with Peppers	Cheesy Tuna Melt Bap with Sweetcorn
Main 6 (Vegan Option)	Moroccan Veggie Stew with Chickpeas and Potatoes	Veggie Curry with Chickpeas and Fluffy Rice	Lebanese Falafel Bowl with Peppers and Rice	Lentil and Sweet Potato Bolognese with Fusilli Pasta	Bombay Curry with Cauliflower, Butter Beans, Spinach and Potatoes